

## Center for Peace West, Inc.

Medjugorje Information Center P.O. Box 486 Beaverton, OR 97075-0486

info@CenterForPeaceWest.com VisitQueenOfPeace.com +1 (503) 646-4435

Dear Brothers and Sisters in Christ,

Greetings and prayerful wishes from Fr. Simham. I hope and wish that you are all doing well. I want to take the opportunity to wish you and to share my thoughts about our coming pilgrimage.

As we look ahead with joyful anticipation to our upcoming pilgrimage to Medjugorje, I would like to offer some spiritual guidance and encouragement to help you prepare your hearts for this sacred journey. A pilgrimage is not just a trip — it is a time of grace, a spiritual encounter with Our Lord and Our Lady, and an opportunity for deep personal conversion.

Medjugorje has long been known as a place of prayer, penance, and profound peace. It is a place where many have encountered God's mercy, rediscovered their faith, and heard the gentle call of Our Lady to return to Her Son. To make the most of this pilgrimage, we must begin our preparation now — in prayer, reflection, and openness of heart.

I invite each of you to begin preparing in the following ways:

- Daily Prayer: Set aside time each day to pray, especially the Rosary. The Blessed Mother has
  repeatedly asked us to pray the Rosary with the heart. Let this be the foundation of our
  journey.
- 2. **Fasting and Penance**: If you are able, consider fasting on Wednesdays and Fridays, as requested by Our Lady. This small sacrifice can open your heart to deeper graces.
- 3. **Confession**: Take time to examine your conscience and receive the Sacrament of Reconciliation before the pilgrimage. A clean heart allows you to fully receive the peace Medjugorje offers.
- 4. **Scripture Reading**: Let the Word of God guide your thoughts. Spend a few minutes each day reflecting on a passage from the Gospels.
- 5. **Open Your Heart**: Come as you are, but be ready to let God work in you. Let go of expectations and allow the Holy Spirit to guide your steps.

Let us pray for one another in the weeks ahead. May Our Lady, Queen of Peace, intercede for us as we prepare for this sacred journey. I look forward to walking this spiritual path with you, united in faith, hope, and love.

In Christ through Mary,

Fr. Simham